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Name:			
	Date:		
When did the injury or illr	ness start?///		
What was the cause of vo	Month Day Year ur current condition:		
Please describe your current symptoms:			
According to the scale bel	low, rate your symptoms over the p	ast week.	
	0 1 2 3 4 5		
	None Mode	erate Worst Possib	le
Current:Worst:	:Best:		
Better With: (check all that a	(vlagi	Worse With: (check all that an	olv)
_	apply) □ Standing	Worse With: (check all that ap □ Sitting	ply) □ Standing
☐ Sitting	<u></u>		
☐ Sitting ☐ Bending Forward	☐ Standing	☐ Sitting	☐ Standing
☐ Sitting☐ Sending Forward☐ Sit to Stand	☐ Standing☐ Bending Backward	☐ Sitting ☐ Bending Forward	☐ Standing ☐ Bending Backward
☐ Sitting☐ Sending Forward☐ Sit to Stand☐ Lying on Side	☐ Standing☐ Bending Backward☐ Walking	☐ Sitting☐ Bending Forward☐ Sit to Stand	☐ Standing ☐ Bending Backward ☐ Walking
☐ Sitting ☐ Bending Forward ☐ Sit to Stand ☐ Lying on Side ☐ Morning	☐ Standing ☐ Bending Backward ☐ Walking ☐ Lying Flat	☐ Sitting ☐ Bending Forward ☐ Sit to Stand ☐ Lying on Side	☐ Standing ☐ Bending Backward ☐ Walking ☐ Lying Flat ☐ Evening ☐ Movement
☐ Sitting ☐ Bending Forward ☐ Sit to Stand ☐ Lying on Side ☐ Morning ☐ Rest	☐ Standing ☐ Bending Backward ☐ Walking ☐ Lying Flat ☐ Evening ☐ Movement ☐ Stretching	☐ Sitting ☐ Bending Forward ☐ Sit to Stand ☐ Lying on Side ☐ Morning	☐ Standing ☐ Bending Backward ☐ Walking ☐ Lying Flat ☐ Evening ☐ Movement ☐ Stretching
☐ Sitting ☐ Bending Forward ☐ Sit to Stand ☐ Lying on Side ☐ Morning ☐ Rest ☐ Stairs ☐ Pain Medicine	☐ Standing ☐ Bending Backward ☐ Walking ☐ Lying Flat ☐ Evening ☐ Movement	☐ Sitting ☐ Bending Forward ☐ Sit to Stand ☐ Lying on Side ☐ Morning ☐ Rest ☐ Stairs ☐ Pain Medicine	☐ Standing ☐ Bending Backward ☐ Walking ☐ Lying Flat ☐ Evening ☐ Movement
☐ Sitting ☐ Bending Forward ☐ Sit to Stand ☐ Lying on Side ☐ Morning ☐ Rest ☐ Stairs ☐ Pain Medicine	☐ Standing ☐ Bending Backward ☐ Walking ☐ Lying Flat ☐ Evening ☐ Movement ☐ Stretching	☐ Sitting ☐ Bending Forward ☐ Sit to Stand ☐ Lying on Side ☐ Morning ☐ Rest ☐ Stairs ☐ Pain Medicine	☐ Standing ☐ Bending Backward ☐ Walking ☐ Lying Flat ☐ Evening ☐ Movement ☐ Stretching
Better With: (check all that a Sitting Bending Forward Sit to Stand Lying on Side Morning Rest Stairs Pain Medicine Other:	☐ Standing ☐ Bending Backward ☐ Walking ☐ Lying Flat ☐ Evening ☐ Movement ☐ Stretching ☐ Heat/Ice	☐ Sitting ☐ Bending Forward ☐ Sit to Stand ☐ Lying on Side ☐ Morning ☐ Rest ☐ Stairs ☐ Pain Medicine ☐ Other:	☐ Standing ☐ Bending Backward ☐ Walking ☐ Lying Flat ☐ Evening ☐ Movement ☐ Stretching ☐ Heat/Ice
☐ Sitting ☐ Bending Forward ☐ Sit to Stand ☐ Lying on Side ☐ Morning ☐ Rest ☐ Stairs ☐ Pain Medicine ☐ Other:	☐ Standing ☐ Bending Backward ☐ Walking ☐ Lying Flat ☐ Evening ☐ Movement ☐ Stretching ☐ Heat/Ice	☐ Sitting ☐ Bending Forward ☐ Sit to Stand ☐ Lying on Side ☐ Morning ☐ Rest ☐ Stairs ☐ Pain Medicine ☐ Other:	☐ Standing ☐ Bending Backward ☐ Walking ☐ Lying Flat ☐ Evening ☐ Movement ☐ Stretching ☐ Heat/Ice